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| **رفتار / اقدام** | **شنبه** | **يك شنبه** | **دوشنبه** | **سه شنبه** | **چهار شنبه** | **پنج شنبه** | **جمعه** | **انجام شده** | **هدف** | **اختلاف** |
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|  | **مجموع** |  |  |  |